

## **Psychologists' dilemmas in career counselling practice**

Paulo Miguel Cardoso • Maria Ce´u Taveira •  
Constaa Sacadura Biscaia • Maria Graa Santos

Received: 15 April 2012 / Accepted: 29 September 2012 / Published online: 11 October 2012  
\_ Springer Science+Business Media Dordrecht 2012

### **Abstract**

In this study, we explored main dilemmas psychologists face in career counselling in two main professional settings: employment and education. Participants included 24 experienced Portuguese psychologists, working in employment (n = 14) and educational (n = 10) settings. We used consensual qualitative research to conduct and analyse semi-structured interviews. Results revealed dilemmas' in five domains: neutrality, assessment, dual loyalty, role boundaries, and confidentiality, with the typical dilemma in the domain of neutrality. Differences between groups were found in the domains of dual loyalty and role boundaries.

**Keywords:** Career counselling Dilemmas Transtheoretical