




CERTIFICATE

This is to certify that **Luís Pedro Ferreira Rato** presented an Oral Communication entitled **“White Tea Intake Mitigates SIRT1 Suppression in Prediabetes Skeletal Muscle: A Nutraceutical Approach to Redox Balance”** at the 6th Comprehensive Health Research Centre Annual Summit, held on September 22nd & 23rd 2025 at the University of Évora. The work presented is authored by Bruno Fernandes, Alexandra Penha, Ana Capitão, Cátia Sousa, Branca M. Silva, Luís Rato.


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