Methodological Framework and Guidelines Bibliographic Research

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Methodological Framework and Guidelines for Bibliographic Research

Work Package #2 (WP2) – *Developing the On-Line Skills Assesment Tool* includes two research activities, namely a bibliographic research and empirical research on adolescents' problems/needs, resources, and communication preferences. Both researches are foundational for the project's subsequent proposals, as the On-line Skill Assessment Tool (OSAT; in the WP2 too) and the organization and piloting of a peer mentoring program in other Work Packages (support materials, mentors and educators' training, piloting the mentoring program, etc.).

This document concerns itself with the bibliographic research task, providing a framework for the partners to search the existing literature in their own countries. The procedures, results and conclusions of the national research will be presented in the Partner's report Part One. The Part Two presents the empirical research above mentioned. The Partners reports will be compiled later in a single report by the University of Évora (Portugal).

This proposal was presented, discussed, refined, and approved overall at the Project's Kick-off-Meeting in Évora, Portugal (2024 January 31st and February 1st).

Bibliographic Research Goals

This bibliographic search aims to provide evidence-based information about: (a) adolescents' mental health problems and strengths in partners' countries (Czech Republic, Italy, Poland, Portugal, Romania, Spain); (b) the communication channels they prefer to use to get help; and (c) the peer mentoring programs already in place.

The collected information is expected to enlighten the construction of the On-line Skills Assessment Tool (OSAT), an instrument devised to support the selection of mentors among the adolescent candidates, as well as to support decisions in the other stages of the design and organization of the Stronger Youth peer mentoring program (e.g., mentor and mentees'