

# Characterization and Technological Features of Autochthonous Coagulase-Negative Staphylococci as Potential Starters for Portuguese Dry Fermented Sausages

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**Abstract:** The manufacture of dry fermented sausages is an important part of the meat industry in Southern European countries. These products are usually produced in small shops from a mixture of pork, fat, salt, and condiments and are stuffed into natural casings. Meat sausages are slowly cured through spontaneous fermentation by autochthonous microbiota present in the raw materials or introduced during manufacturing. The aim of this work was to evaluate the technological and safety features of coagulase-negative staphylococci (CNS) isolated from Portuguese dry fermented meat sausages in order to select autochthonous starters. Isolates ( $n = 104$ ) obtained from 2 small manufacturers were identified as *Staphylococcus xylosum*, *Staphylococcus equorum*, *Staphylococcus saprophyticus*, and *Staphylococcus carnosus*. Genomically diverse isolates ( $n = 82$ ) were selected for further analysis to determine the ability to produce enzymes (for example, nitrate-reductases, proteases, lipases) and antibiotic susceptibility. Autochthonous CNS producing a wide range of enzymes and showing low antibioresistance were selected as potential starters for future use in the production of dry fermented meat sausages.

**Keywords:** antibiorresistance, coagulase-negative staphylococci, fermented meat sausages, starters

**Practical Application:** Dry fermented sausages' manufacture represents an important segment of the meat industry, especially in Mediterranean countries. Their production, usually occurring in small shops, is based on a spontaneous fermentation by the autochthonous microbiota from raw materials or from environment contamination. The selection of autochthonous starters based on the assessment of their technological properties and susceptibility to antibiotics is of major importance. Safe starters are needed in the meat industry to assure the production of safer meat products while maintaining their particular organoleptic characteristics and subsequent consumers' acceptance.

## Introduction

Dry fermented sausages are a very important part of the meat industry in many countries, especially in the Mediterranean area, where a wide variety of such products is available. The increasing interest in traditional foods is reflected by a growing list of food products registered as PDO (protected designation of origin), PGI (protected geographical indication) or TSG (traditional specialty guaranteed), which promote and protect the names of quality agricultural products and foodstuffs (European commission 2015). Portuguese dry fermented sausages are usually produced by small manufacturers without addition of commercial starters. The products are made from a mixture of pork, fat, salt, water, and different condiments, including garlic and red pepper paste, stuffed into natural casings, slightly fermented and slowly dried by smoking. The microbial population present in traditional fermented sausages is diverse and influenced by the natural microbiota present in the raw

materials, temperature, pH, and water activity during the fermentation process. Ripening of such products induces specific texture, color, flavor, and organoleptic characteristics, which led to the inclusion of Portuguese dry fermented sausages in a collection of delicacies known worldwide (Talon and others 2012).

The quality of a product is closely related to the ripening process and spontaneous fermentation is known to rely on the participation of lactic acid bacteria (LAB) and coagulase-negative staphylococci (CNS). Such high microbial counts are probably related with the slaughtering process, where bacteria present on the skin of warm-blooded animals are disseminated to the raw material—minced raw pork (Marty and others 2012a). The most abundant CNS present in naturally fermented sausages are *Staphylococcus xylosum*, *Staphylococcus saprophyticus*, *Staphylococcus equorum*, and *Staphylococcus carnosus* (Janssens and others 2012; Marty and others 2012a). These bacteria reduce nitrates to nitrites, contributing to the formation of nitrosomyoglobin and the characteristic pink-red color in the product. CNS also produce proteases and lipases, the enzymes involved in the formation of various aromatic substances and organic acids, which confer distinct organoleptic properties (Simonová and others 2006; Talon and Leroy 2011).

In order to preserve the specificities of Portuguese dry fermented sausages, it is important to select autochthonous bacteria for use as starter cultures. Indigenous microorganisms, also known

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as “*in house flora*,” are well adapted to particular products and manufacturing processes. Therefore, their use as starter cultures for the traditional production of fermented sausages may allow the manufacture of more homogeneous products in terms of safety and preservation of the original qualities. In this context, the aim of this study was to isolate and identify staphylococci from Portuguese traditional dry fermented meats, evaluating their technologies features and safety, for the selection of potential meat starter cultures.

## Materials and Methods

### Microbial analysis

**Sampling.** For the present investigation we studied 2 small-manufacturers in Alentejo, a Southern region of Portugal, coded A and B. Samples were collected from Portuguese dry fermented sausage “chouriço”; including raw material (minced pork meat), secondary ingredients (for example, garlic, red pepper paste and natural casings), product after a resting period and stuffing, and final product, as well as production tools (for example, knives, tables, mincing and stuffing machines). All the samples were obtained after routine disinfection procedures, in both manufactures.

**Bacterial isolation.** After transport to the laboratory in refrigerated boxes, all surfaces, food and ingredients samples were prepared according to ISO 18593 (2004) and Talon and others (2007, 2012). Decimal dilutions of the homogenate were prepared with sterile Ringer solution, plated on Manitol Salt Agar (MSA) (Scharlau, Barcelona, Spain) and incubated at 37 °C for 48 h. Single colonies were randomly picked from MSA plates and further purified by streaking on Tryptone Salt Agar (TSA) (Scharlau, Spain) incubated for 2 d at 37 °C. Isolates were grown in Brain Heart Infusion (BHI) (Scharlau, Spain) and maintained at -80 °C in BHI with 20% glycerol.

**Genus and species allocation.** Identification at species level was performed both by phenotypic and genotypic methodologies. Isolates were submitted to Gram staining, oxidase, catalase, and coagulase tests. Presumptive CNS were further analyzed by API-STAPH galleries (BioMérieux, Linda-a-Velha, Portugal), and submitted to molecular identification. DNA was obtained using the QIAamp DNA mini kit (Qiagen, Quilaban, Sintra, Portugal) and PCR amplification performed using *Staphylococcus*-specific primers Tstag765/TstaG42, *S. saprophyticus*-specific primers Sap1/Sap2, *S. epidermidis*-specific primers Se705-1/Se705-2, *S. aureus*-specific primers Sa442-1/Sa442-2 and *S. xylosum*-specific primers XYLF/XYLR, developed by Morot-Bizot and others (2003). Regarding staphylococcal species *S. equorum* and *S. carnosus*, oligonucleotides applied for molecular identification were, respectively, SdAEqF/SdAEqR (Blaiotta and others 2004) and carF/carR (Blaiotta and others 2005).

Amplification mixtures were prepared as follows: 1X reaction buffer, 0.2 mM of each deoxynucleoside triphosphate, 2.5 mM MgCl<sub>2</sub>, 0.5 μM of each primer, 1 U of Taq DNA polymerase (NZYTech, Lisboa, Portugal) and 100 ng of DNA. Thermocycler conditions were 3 min at 94 °C, 40 cycles of 30 s at 95 °C, 30 s at 55 °C, 30 s at 72 °C and a final hold of 3 min at 72 °C. Ten microliters of each PCR product were combined with 2 μL of loading buffer and resolved by agarose gel electrophoresis (1% w/v) in 0.5X TBE buffer at 95 V for 1 h 30 min. After staining with ethidium bromide, agarose gels were photographed on ImageMaster (Pharmacia Biotech, GE Healthcare, Buckinghamshire, UK).

*Staphylococcus epidermidis* ATTC RP62A, *S. saprophyticus* DSMZ 18669, *S. aureus* ATTC 29213, *S. xylosum* ATTC 8166, *S. carnosus*

DSMZ 4600, and *S. equorum* DSMZ 20029 were used as control strains in all PCR amplification procedures.

**Genomic typing.** PCR fingerprinting was performed using the primer OPC19 (5'-GTTGCCAGCC-3') in 0.2 mL reaction tubes with mixtures containing: 1X reaction buffer, 0.2 mM of each deoxynucleoside triphosphate, 2.5 mM MgCl<sub>2</sub>, 0.5 μM primer, 2 U of Taq DNA polymerase (NZYTech, Portugal) and 100 ng of DNA. Thermocycler conditions were as follows: initial step of 94 °C for 4 min, 40 cycles with 1 min at 94 °C, 2 min at 40 °C and 2 min at 72 °C, plus an additional step at 72 °C for 10 min for chain elongation. Ten microliters of each PCR product were combined with 2 μL of loading buffer and resolved by agarose gel electrophoresis (1.5% w/v) in 0.5X TBE buffer at 80 V for 3 h. After staining with ethidium bromide, agarose gels were photographed on ImageMaster (Pharmacia Biotech, GE Healthcare, UK). The BioNumerics software (version 6.6, Applied Maths, Kortrijk, Belgium) was used to register PCR fingerprinting patterns, normalize densitometric traces, calculate Pearson product-moment correlation coefficient and perform cluster analysis by the UPGMA algorithm.

### Technological features

**Nitrate reduction.** Nitrate reductase activity was tested in BHI plates inoculated with 10 μL of a standardized inoculum (OD<sub>600</sub> of 0.8 to 1.0) followed by incubation at 15 °C for 72 h. After growth the plate was flooded with NIT1:NIT2 (Sulfanilic acid; N,N-Dimethyl-1-naphthylamine; BioMérieux, Portugal) which led to the development of a purple halo around the nitrate reducing strains. According to the diameter of the halo the isolates were classified as low (1), medium (2), or strong (3) nitrate reducers.

**Proteolytic and lipolytic activities.** Enzymatic activities were evaluated by plate inoculation using 10 μL of a standardized inoculum (OD<sub>600</sub> of 0.8 to 1.0). Gelatinase activity was detected using 3% gelatin medium (Ribeiro and others 2011), after incubation for 48 h at 37 °C plates were flooded with a saturated solution of ammonium sulphate and gelatinolytic strains showed a transparent halo around the colonies. Lipase activity was detected with Spirit Blue agar (Difco, Oxford, England) supplemented with sterile pork fat, colonies of lipolytic organisms were recognized by development of a dark-blue color and translucent beneath and surrounding the colonies after 48 h growth at 37 °C.

**Enzymatic profiles by API-ZYM analysis.** Selected staphylococci were tested using API ZYM galleries (BioMérieux, Portugal) as described by the manufacturer. Briefly, strains were grown on BHI plates at 37 °C overnight, the cell mass removed from the surface of the plate and resuspended in 2 mL of distilled water, to produce a dense suspension, which was used to inoculate the cupules of API-ZYM strips. After 4h incubation at 37 °C in moist atmosphere the reactions were terminated by addition of the API-ZYM reagents and classified according to the color chart provided by the manufacturer.

**Safety assessment: antimicrobial susceptibility testing.** Susceptibility to 6 antimicrobial agents (ampicillin – 10 μg, erythromycin – 15 μg, penicillin G – 10 U, gentamicin – 10 μg, tetracycline – 30 μg, and vancomycin – 30 μg) was tested by the disk diffusion method using breakpoints of resistance previously established by the National Committee for Clinical Laboratory Standards (2013). *S. aureus* ATCC 25923 was used for quality control.

The reproducibility level of all the methodologies applied was assessed by analyzing a random sample of 10% duplicates.

## Results and Discussion

### Isolation, identification, and genomic diversity

Portuguese traditional varieties of fermented pork sausages are different from related products in various aspects: meat products are prepared with singular condiments and following particular know-how. The meat is minced, mixed with spices, salt and nitrite; the stuffed sausages are ripen 1 to 3 d, smoked and cured for a minimum of 4 to 8 wk, at temperatures below 15 °C, depending of their diameter. Since distinctive organoleptic features can be attributed to traditional dry smoked fermented sausages produced in specific regions, it is fundamental to characterize the technologically important microbiota present in each environmental site point/product and select putative autochthones-starters to ensure a more standardized fermentation, reduce the curing period, improve product safety and enhance flavor (Bonomo and others 2009; Cachaldora and others 2013). Due to the importance of staphylococci in the development of sensory properties (flavor, texture, and color) of fermented sausages by reduction of nitrates, proteolytic, and lipolytic activities (Talon and others 2008; Bonomo and others 2009) these bacteria constitute eligible candidates. However,

potential starters have to comply with rigorous selection criteria based on the assessment of technological features and overall safety (Leroy and others 2006; Ammor and Mayo 2007; Talon and Leroy 2011), as evaluated in this study.

In this study, a total of 104 isolates were recovered from the 2 small-manufacturers (A, B), either from raw/meat-products or food contact surfaces. Subsequent identification, using phenotypic and genotypic methodologies, identified the isolates as follows: 37 *S. xyloso* (A = 31, B = 6), 21 *S. equorum* (A = 5, B = 16), 14 *S. saprophyticus* (A = 4, B = 10), and 9 *S. carnosus* (A = 8, B = 1); whereas 23, although confirmed as members of the *Staphylococcus* genus, could not be identified at the species level.

The presence of high CNS counts has been reported for meat fermented sausages from various origins (Morot-Bizot and others 2006; Simonová and others 2006; Drosinos and others 2007; Gounadakis and others 2008; Bonomo and others 2009; Janssens and others 2012; Marty and others 2012b; Cachaldora and others 2013; Landeta and others 2013; Polka and others 2015), although species identification and relative quantities may vary from country to country. *S. xyloso*, *S. equorum*, *S. saprophyticus*, and *S. carnosus* are among the prevalent species.

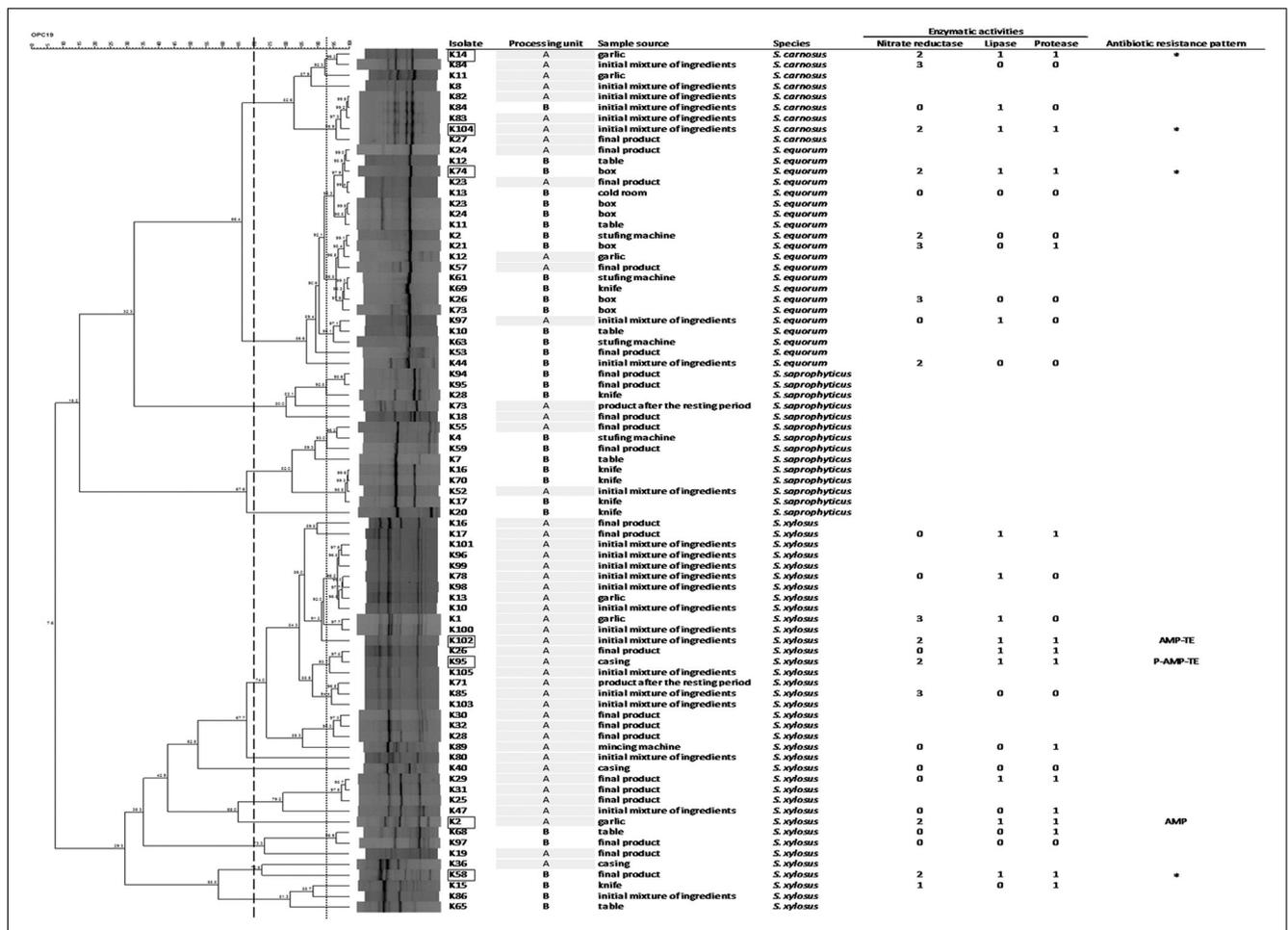


Figure 1–Dendrogram based on PCR-fingerprinting patterns with primer OPC19. The composed image also displays information on isolates origin (manufacturer A or B), sample source and species, enzymatic abilities and antibiotic resistance profiles. Similarity was calculated with Pearson product-moment correlation coefficient ( $r$ ) and clustering was performed with UPGMA. The round-dotted-line represents the reproducibility level (93%), the cut-off level of 70%, used to define genomic-types, is represented by a dashed-line and the coagulase-negative staphylococci selected for further analysis are highlighted by a black rectangle. Scores 0, 1, 2, and 3 correspond to no enzymatic activity, weak activity, moderate activity, and strong activity. AMP corresponds to ampicillin, TE to tetracycline, and P to penicillin. The stars mean that, although tested, no antibiotic resistances were observed.

**Table 1—Enzymatic patterns of the isolates determined with the API-ZYM system.**

Enzymatic activities	Processing units						
	A					B	
	K2	K14	K95	K102	K104	K58	K74
Alkaline phosphatase	5	1	5	5	2	1	5
Esterase (C4)	3	0	5	3	4	4	4
Esterase lipase (C8)	4	1	5	3	3	4	4
Lipase (C14)	2	0	0	1	1	1	0
Leucine arylamidase	1	1	1	0	4	1	1
Valine arylamidase	1	0	1	0	1	1	1
Cysteine arylamidase	2	2	2	3	3	2	3
Trypsin	0	0	1	0	0	0	0
$\alpha$ -Chymotrypsin	0	0	1	0	1	0	0
Acid phosphatase	4	5	3	4	5	0	4
Napthol-AS-BI-phosphohydrolase	2	2	4	3	2	2	2
$\alpha$ -Galactosidase	1	0	0	0	1	0	1
$\beta$ -Galactosidase	2	0	2	2	0	1	1
$\beta$ -Glucuronidase	0	0	1	2	0	0	0
$\alpha$ -Gluconidase	2	0	0	0	0	0	1
$\beta$ -Gluconidase	2	0	0	0	1	0	5
N-Acetyl- $\alpha$ -glucosaminidase	0	1	0	0	0	2	0
$\alpha$ -Mannosidase	1	0	0	0	0	0	1
$\alpha$ -Fucosidase	1	0	0	0	0	0	1

Scores 1 to 5 correspond to increasing enzymatic activities (1 being the lowest and 5 the highest).

In order to assess for the genomic diversity of the 81 meat-related staphylococci, the isolates were submitted to PCR amplification using the random primer OPC-19. The BioNumerics software was used to build a dendrogram based on the fingerprinting patterns (Figure 1). The reproducibility level of 93%, estimated based on the similarity observed between the fingerprinting patterns of 10% random replicates and the corresponding original profiles, is represented by a round-dotted-line. Global analysis of the dendrogram shows clustering of the isolates according to species and further demonstrates the prevalence of the species *S. xylosus* in the processing unit A, while *S. equorum* were mostly found in processing unit B. Furthermore, results also showed high levels of similarity between staphylococci recovered from distinct manufacturers (for example, A-K82 = B-K84; A-K97 = B-K10) and sampled products (for example, A-K12garlic = A-K57final product; B-K13cold room = B-K23box = B-K11table), pointing toward the presence of specific strains in the raw materials and/or to their persistence in the manufacturing settings. These results point toward the presence/importance of a characteristic *in house microbiota* in the processing units studied. The role of indigenous microorganisms in meat fermentations has already been mentioned in several previous reports (Santos and others 1998; Benito and others 2007; Gounadaki and others 2008; Fonseca and others 2013; Landeta and others 2013; Polka and others 2015).

Visual analysis of the dendrogram led to the selection of the cut-off level of 70% (represented by a dashed-line), isolates grouping at similarity levels equal or above this value were considered highly related. This approach was used to select representative staphylococci ( $n = 27$ ) for the subsequent evaluation of technological features and overall safety. Due to the pathogenicity potential associated with *S. saprophyticus* (Rosenstein and Götz 2013), meat isolates belonging to that species were also eliminated from further analysis.

Evaluation of desirable technological features was based on the assessment of nitrate reduction, proteolytic and lipolytic abilities and determination of enzymatic profiles using API-ZYM galleries.

Results obtained for nitrate reduction, proteolytic and lipolytic activities are displayed in Figure 1. Regarding nitrate reduction, 5 isolates were considered high, 9 medium and 1 low ni-

trate reducers; while twelve CNS did not demonstrate this ability. Color development and stability are very important quality features of fermented meat products. The formation of the nitrosomyoglobin pigment, responsible for the characteristic bright red color is a property that is enhanced by nitrate-reducer microorganisms present during the manufacturing process (Götterup and others 2008). Hence, isolates to be selected as autochthonous starters must harbor this trait, since bacteria with nitrate-reductase activity lead to a significantly faster rate of pigment formation. Furthermore, nitrate reduction produces nitrite, which can limit lipid oxidation (Talon and others 1999). Proteolytic and lipolytic abilities are also essential, due to the high protein and lipid content of the meat. Among the CNS, fourteen shown to be lipolytic, while fifteen produced proteases. These properties have already been described in previous reports (Miralles and others 1996; Lopes and others 1999; Casaburi and others 2006; Abriouel and others 2012) and associated with the development of organoleptic properties, such as texture and flavor.

The simultaneous nitrate-reduction, lipolytic and proteolytic activities were observed for 7 of the isolates under analysis (highlighted in Figure 1 by a rectangle), which were further analyzed regarding their enzymatic profiles by API-ZYM and susceptibility to 6 antimicrobial agents.

Enzymatic profiles of the 7 isolates, 5 from processing unit A and 2 from processing unit B, are presented in Table 1. Evaluation of the technological features of the meat-staphylococci showed their ability to produce a wide spectrum of enzymes, which points to their importance in the manufacture of traditional fermented sausages.

Overall, the CNS studied exhibited low proteinase (trypsin and chymotrypsin) and high peptidase (leucine, valine, and cysteine aminopeptidase) activities, which is a desirable quality in the ripening and production of some typical food flavors (Thapa and others 2006; Ben and others 2009). The metabolic versatility of the CNS under study can help highlight their importance in the production of fermented meat products, as well as their persistence in the processing units under analysis. However, the use of bacteria in the food industry also depends on their safety

(Even and others 2010; Marty and others 2012a; Fraqueza 2015) therefore, the meat-staphylococci under analysis were further analyzed regarding antibiotic susceptibility. Results displayed in Figure 1 shown that all selected CNS were susceptible to erythromycin, gentamycin, and vancomycin, 3 were considered resistant to ampicillin, 2 to tetracycline and 1 to penicillin.

Overall, combination of all the results obtained along this study points to isolates K2 (*S. xylosus*) from processing unit A and K74 (*S. equorum*) from processing unit B as potential starters. These meat CNS belong to the species predominant in each unit, reduce nitrate, produce a wide array of enzymes and present susceptibility to the majority of the antimicrobials tested. Hence, aforementioned staphylococci can be considered reliable candidates for future use in the manufacture of dry smoked fermented sausages in the studied processing units.

## Conclusions

Our results showed a wide diversity among staphylococci isolated from traditional fermented sausages and processing environment in the Southern region of Portugal, Alentejo. The microbiota present in the sampled sites was characterized by the predominance of *S. xylosus* in processing unit A and *S. equorum* in processing unit B, which suggests high adaptation skills of these bacteria to particular ecological niches.

Evaluation of technological and safety features led to the selection of 2 meat-staphylococci for further use as autochthonous starters, as alternative to commercial starters that do not always give satisfactory results in the production process, especially regarding the preservation of typical organoleptic and sensory characteristics. Further studies should be carried out to evaluate the effectiveness of selected microorganisms in meat-model and experimental processing of sausages to observe the evolution of the microbiota present and the process parameters affected by the inclusion of these native starters.

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