



Polymeric piezoelectric actuator substrate for osteoblast mechanical stimulation

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ABSTRACT

Bone mass distribution and structure are dependent on mechanical stress and adaptive response at cellular and tissue levels. Mechanical stimulation of bone induces new bone formation *in vivo* and increases the metabolic activity and gene expression of osteoblasts in culture. A wide variety of devices have been tested for mechanical stimulation of cells and tissues *in vitro*. The aim of this work was to experimentally validate the possibility to use piezoelectric materials as a mean of mechanical stimulation of bone cells, by converse piezoelectric effect. To estimate the magnitude and the distribution of strain, finite numerical models were applied and the results were complemented with the optical tests (Electronic Speckle Pattern Interferometric Process). In this work, osteoblasts were grown on the surface of a piezoelectric material, both in static and dynamic conditions at low frequencies, and total protein, cell viability and nitric oxide measurement comparisons are presented.

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1. Introduction

Bone is a living structure in constant adaptation and remodeling. The processes of bone resorption and deposition are strongly related to mechanical stimuli (Bourrin et al., 1995; Forwood and Turner, 1995; Hillam and Skerry, 1995; Judex and Zernicke, 2000). Osteocytes and osteoblasts play a central role in mechanical stimuli sensing and transduction in living bone and thus, osteoclastic activity too. Mechanosensation implies that cells respond to an applied force and this mechanism is not necessarily dependent on a chemical stimulus. It has been suggested that forces capable of inducing cell deformation induce changes in membrane channels and on protein structure (Charras et al., 2004; Gudi et al., 1998) and that ultimately, cytoskeleton deformation exerts direct influence on cell nuclei (Bacabac et al., 2006; Burger and Klein-Nulend, 1999; Charras et al., 2004; Jessop et al., 2002). There are several substances produced by osteoblasts that work as messenger molecules, in response to mechanical stimuli, like prostaglandins (particularly PGE2) and nitric oxide (Bakker et al., 2001; Fan et al., 2006; Kanamaru et al., 2001; Smalt et al., 1997). A single osteocyte can disseminate a mechanical stimulus to its surrounding osteocytes via extracellular soluble

signaling factors like nitric oxide (Vatsa et al., 2007). A wide variety of devices have been tested for mechanical stimulation of cells and tissues *in vitro*, namely of osteocytes and osteoblasts (Appleford et al., 2007; Brown, 2000; Lewandowska-Szumiel et al., 2007; McGarry et al., 2008; Tanaka, 1999), although many of these systems are difficult to adapt to an *in vivo* device. Cell responses depend upon the strain, load and frequency of the stimulus; dynamic, short loading exerts the strongest bone adaptation response, and bone cells tend to accommodate to a routine, so the stimulus must vary in order to elicit a same level of response; a stochastic bone cells response *in vitro* and *in vivo* has been reported (Bacabac et al., 2006; Bakker et al., 2001; Burr et al., 2002; Cullen et al., 2001; Hsieh and Turner, 2001; Robling et al., 2001; Tanaka et al., 2003a, 2003b; Turner et al., 1995). Some authors suggest that high frequency associated with a high enough number of cycles are needed to maximize osteoblast proliferation *in vitro* (Kaspar et al., 2002).

Tanaka reported the use for *in vitro* assays of a piezoelectric actuator in which the cells were seeded on a collagen gel block. This block was then submitted to uniaxial tension and/or compression by the displacement originated by two piezoelectric ceramic layers by the loading of voltage; both strain and frequency applied may vary (Tanaka, 1999).

The bone has piezoelectric properties, as Fukuda and Yasuda (1957) described mechanical stress applied to dried bone produces polarization and submission of bone to an electric field originates strain. The development of biocompatible materials

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that could mimic this behavior could provide a powerful therapeutic tool. The *in vitro* studies here presented aim to prove the concept of use of piezoelectric materials as a mean to produce controlled and effective mechanical stimulation and to call upon the huge potential of such materials. The values for total protein and viability are similar for cells grown on the devices under the static and dynamic conditions but nitric oxide values are higher under dynamic conditions, suggesting that this increase is due to effective mechanical stimulation and not to cell death or decreased viability.

2. Methods

2.1. Polymeric piezoelectric substrate

2.1.1. Physical phenomena of the piezoelectric substrate

The polymeric piezoelectric films used (polyvinylidene fluoride (PVDF)) were supplied by Measurement Specialties Inc. Company (USA). These 52- μm -thick films consist of a $12 \times 13 \text{ mm}^2$ active area, printed with silver ink electrodes on both surfaces in a $15 \times 40 \text{ mm}^2$ die-cut piezoelectric polymer substrate (see Fig. 1a and b). It is polarized along the thickness and has as piezoelectric strain constants $d_{zy} = 23 \times 10^{-12}$ and $d_{zy} = -33 \times 10^{-12}$ ((m/m)/(V/m)).

Theoretically, based on the converse piezoelectricity effect, when a voltage is applied along the direction of z -axis, the polymer strains in the direction of the y -axis, given the intrinsic properties of this specific material. The amount of free strain is given by Eq. (1).

$$\varepsilon_{yy} = \frac{d_{zy}}{t} V_a \quad (1)$$

where t is the polymer thickness and V_a the applied voltage.

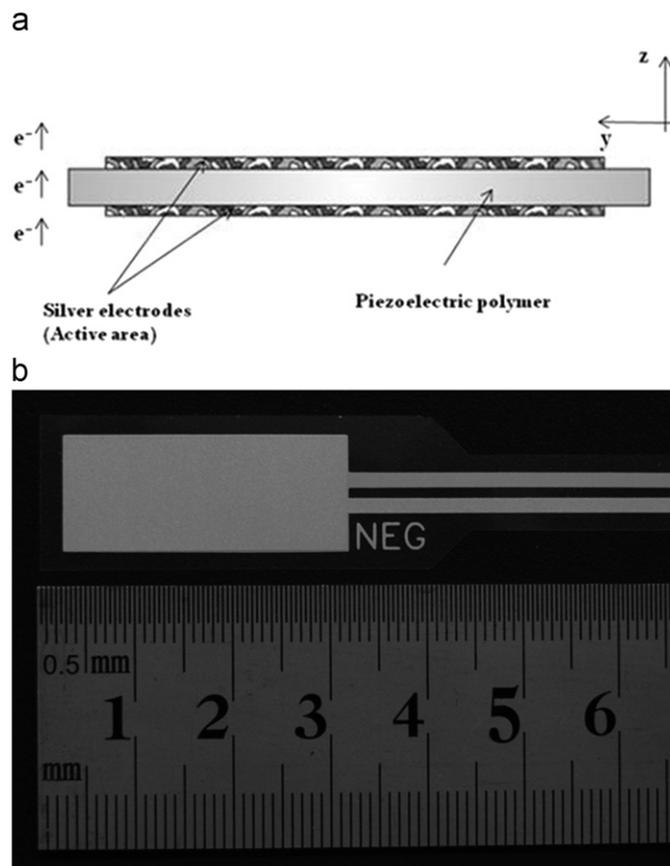


Fig. 1. (a) The image illustrates a piezoelectric polymer. The black region corresponds to the active areas (silver electrode). (b) Picture of the piezoelectric devices used.

2.1.2. Coating the polymeric piezoelectric substrate with PMMA and micro-particles of Bonelike[®]

To ensure both osteoblasts adhesion to the device surface and electric insulation, the silver electrodes were uniformly covered with an electric insulator material.

The chosen material for covering was an acrylic, poly(methyl methacrylate) (PMMA), (PERFEX[®], International Dental Products, USA), used alone in the first three layers and a in-forth layer along with 4% of Bonelike[®] (250–500 μm) particles added (kindly offered by INESCPorto).

The PVDF was covered with homogenous layers of PMMA and Bonelike[®] by a Dip-Coating process, at constant velocity of 0.238 mm/s. Impedance was measured both in saline and culture media, in non-coated and coated devices, under identical conditions as the experimental procedure. The impedance was infinite in the coated devices. The coating was performed in a clean room (INESCPorto).

2.1.3. Sterilization process of the coated polymeric piezoelectric

The coated polymeric piezoelectric substrates were submitted to γ -irradiation (normed dosis of 25 kGy) for sterilization prior to cell culture (ITN, Lisbon).

2.2. Numerical modeling (NM)

NM estimated and quantified the amount of strain distribution along the piezoelectric surface. The mesh was of quadratic piezoelectric solid elements with three degrees of freedom, through Finite Elements Analysis (FEA) using the solver Abaqus 6.7-1 in static conditions. The material properties used for the numerical simulation were provided by the supplier. The model was composed by 9109 nodes.

2.3. Electronic speckle pattern interferometry process (ESPI)

To experimentally understand and quantify the real amount of the displacement and its distribution along the piezoelectric actuator surface ESPI was used (LOME-INEGI). The displacement in coated and uncoated devices in the center of the active area was compared along the three axes: x , y and z .

2.4. Cell culture

The cell line used, MC3T3-E1 cells (11th passage, gently offered by INEB, Porto) exhibit a developmental sequence typical for osteoblasts (Sudo et al., 1983), although various subclones differ in ability to form a bone-like extracellular matrix (ECM) (Wang et al., 1999) and many culture variables influence differentiation and maturation behavior, including the number of passages and the characteristics of the original colony (Chung et al., 1999; Wang et al., 1999; Wenstrup et al., 1996). This cell line has been used in many studies addressing the effects of mechanical stimulation (Jaasma and O'Brien, 2008; Liu et al., 2008; Saunders et al., 2001).

MC3T3-E1 cells were cultured under standard conditions (37 °C, 5% carbon dioxide), using α -MEM medium (Cambrex), 2 mM L-Glutamine (Cambrex), 10% of bovine fetal serum (Gibco), 0.5% gentamicin and 1% amphotericin B (Gibco).

Coated piezoelectric devices (standing on culture dishes, TPP) and controls (standard culture dishes, TPP) were seeded with 16×10^4 cells, with a total volume of 100 μl of cell suspension, placed on the active surface of each device (Figs. 2a and b) and on the center of standard culture dishes. Cells were allowed to adhere to the substrate, before adding the rest of culture medium to all samples, and then grown in both static and dynamic piezoelectric substrates and controls ($n=6$). On the substrates submitted to dynamic conditions, stimulation was done with an alternating sinusoidal current (AC), of 5 V, at 1 and 3 Hz for 15 min at each frequency (24 and 48 h post-seeding), using NI-6229 multifunction data acquisition (DAQ) and LabView software. All experiments were repeated at least three times.

2.4.1. Determination of the pH changes in the cells culture

The pH of the cell culture medium was measured in all groups (static and dynamic piezoelectric devices and control standard plates) immediately after stimulation using PHM210 standard pH meter (Meterlab, Radiometer, Copenhagen).

2.4.2. Determination of viability and metabolic activity with resazurin method

The resazurin-based method utilizes the redox dye resazurin that upon reduction by metabolically active cells is converted into a highly fluorescent product (resorufin). Nonviable cells have no metabolic capacity and, thus, will not reduce the dye. Therefore, the fluorescence intensity observed in this assay is a measure of the viable cells (Ahmed et al., 1994; Slaughter et al., 1999; Zhi-jun et al., 1997).

After stimulation, the medium was aspirated and new medium with 10% resazurin solution added. Cell cultures were then incubated for 3 h before

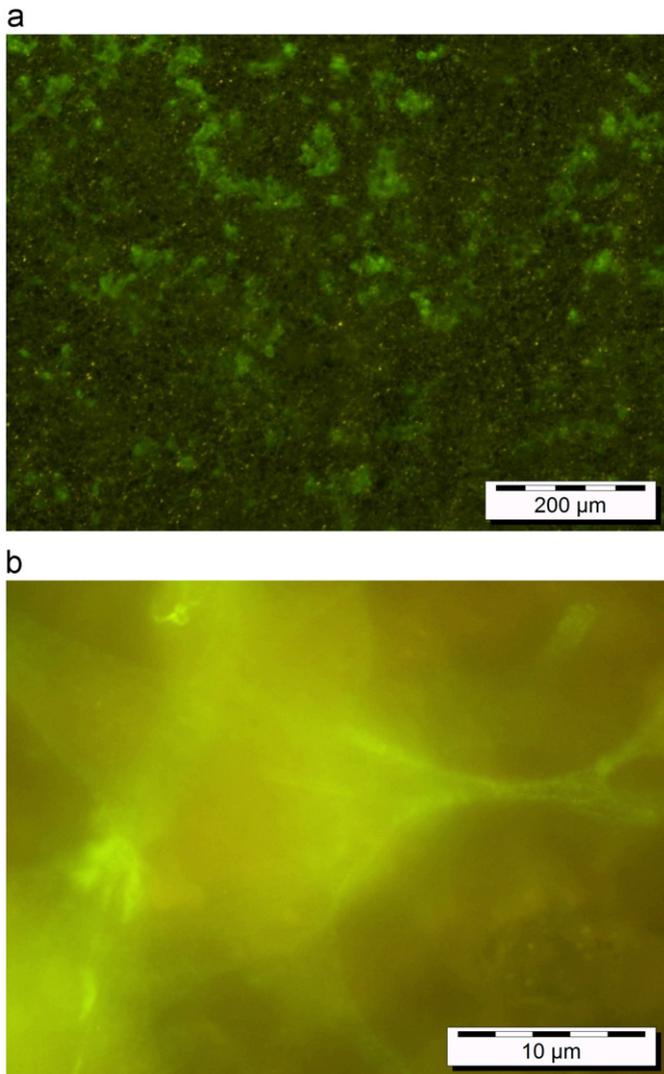


Fig. 2. (a) MC3T3 cells on the active area of the device 2 h after seeding. Indirect immunofluorescence using primary antibody against actin (Actin, pan Ab-5, Thermo Scientific, used at 1:50) and secondary antibody (Chromo™ 488 conjugated Goat anti-Mouse IgG, Active Motif 1:500) (microscope Olympus BX41, Olympus Cell A Imaging Software). (b) MC3T3 cells on the active area of the device 2 h after seeding. Indirect immunofluorescence using primary antibody against actin (Actin, pan Ab-5, Thermo Scientific, used at 1:50) and secondary antibody (Chromo™ 488 conjugated Goat anti-Mouse IgG, Active Motif 1:500); (microscope Olympus BX41, Olympus Cell A Imaging Software).

collection of samples and fluorescence readings using a fluorescence spectrophotometer (Shimadzu, Japan).

2.4.3. Measurement of nitric oxide (NO) in culture medium

NO is a messenger molecule produced in response to mechanical stimulation of osteoblasts and osteocytes, with a large variety of biological functions (Smalt et al., 1997; van't Hof and Ralston, 2001).

NO is quickly oxidized to nitrate and nitrite in biological systems, and these are the two primary, stable and nonvolatile breakdown products of NO. In aqueous buffers and culture conditions nitrite is the principal oxidation product of NO (Ignarro et al., 1993). In this study, culture medium samples were collected immediately after stimulation and NO measured, using NO Assay Kit (Biochain), based on the Griess reaction, after sample deproteinization, and according to the manufacturer's instructions.

2.4.4. Total protein content

Cellular protein content was measured with a BCA protein assay kit (Pierce, USA). Briefly, cells were collected from the devices and control standard plates by standard trypsinization procedure, centrifugation of cell suspensions, washed with PBS and centrifuged, twice, and then lysated by adding 200 µl of Triton X 100 at 1% (Sigma) and freeze and thaw cycles (three). 25 µl aliquots of cell lysate

supernatant were mixed with 200 µl volumes of BCA working reagent containing cupric sulfate and bicinchoninic acid (Calbiochem) in microplates and incubated for 30 min at 37 °C. The resulting optical densities were measured at 570 nm with a CODA spectrophotometer. Bovine serum albumin was used to generate a standard curve.

2.4.5. Statistical analysis

Normal distribution of the results was verified using the Shapiro-Wilk normality test for $n > 3$, Levene test for equal variance analysis, and differences between groups tested using one-way ANOVA.

Significant differences were considered at a P value 0.05. The statistical analysis was done using software OriginPro 7.5 (OriginLab Corporation, USA).

3. Results

3.1. Deposition of thin films in the piezoelectric actuators

Fig. 3 shows the active area already coated. The coated device has a total thickness of 72 µm, with the coating thickness of 10–11 µm and the electrical isolation of the surface was guaranteed.

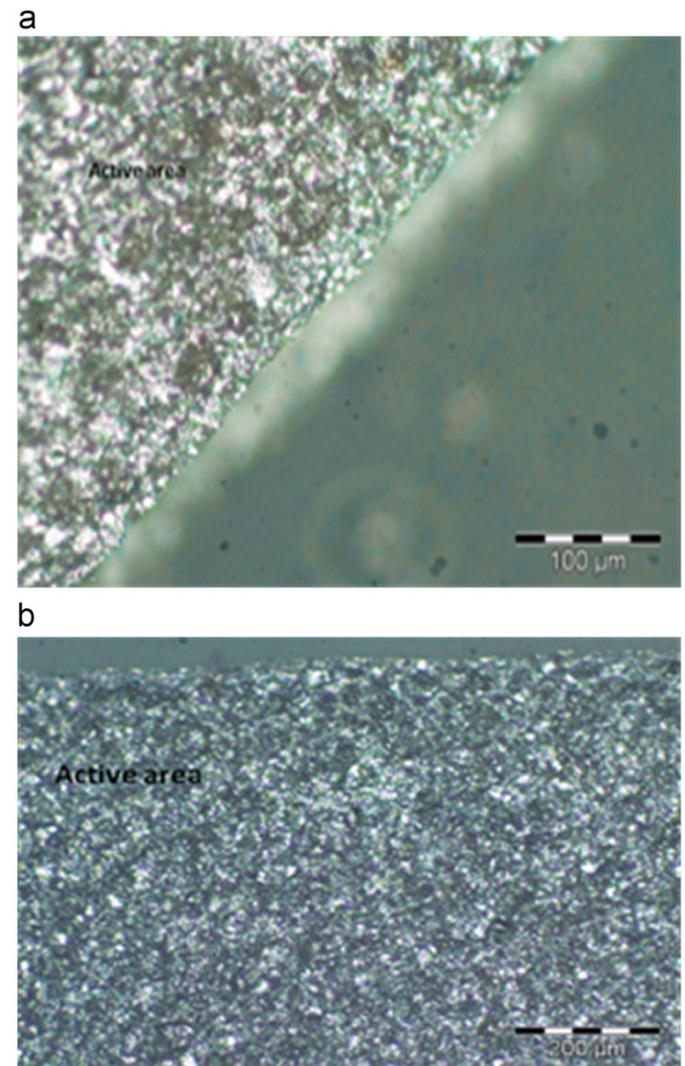


Fig. 3. (a) Optical microscopic (Palatine inverted optical microscope, Olympus PMG3) images of the coatings distribution in the polymeric piezoelectric surface. (b) Optical microscopic (Palatine inverted optical microscope, Olympus PMG3) images of the coatings distribution in the polymeric piezoelectric surface.

3.2. Numerical modeling

NM gave an estimation of strain and displacement distribution along the polymeric piezoelectric surface, at peak voltage. The values are in the range $6.4 < y < 77.3$ nm. The higher displacement was observed in the piezoelectric free extremity. It is possible to observe a sinusoidal numerical perturbation in the encastre region, but the strain values are around $2.2 \mu\epsilon$ along the piezoelectric surface. These values are near the theoretical ones, see Eq. (1).

3.3. Electronic speckle pattern interferometry process (ESPI)

The optical analysis only informs about the actuator active area, the one that is directly exposed to the voltage. The displacement was higher where the cells were seeded, in the central area of the coated devices, in the order of 700 nm along the z-axis, in a semi-sinusoidal fashion. Figs. 4(a) and (b) show ESPI results for uncoated (a) and coated (b) devices subjected to 5 V, and, as it was to be expected, displacement patterns are

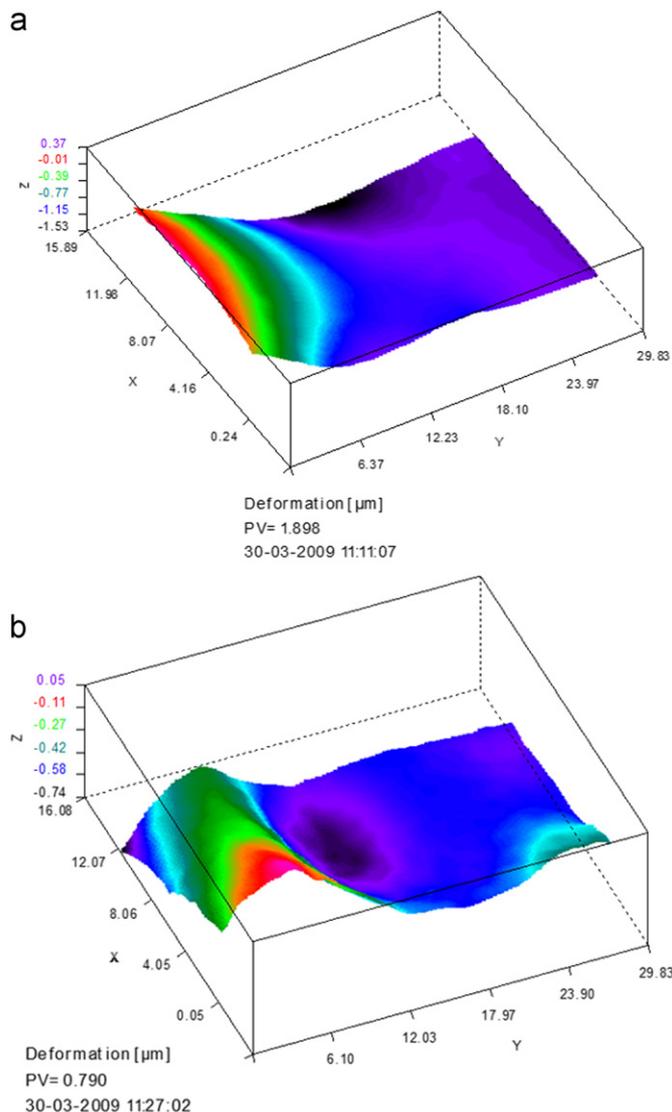


Fig. 4. (a) Displacement variation tridimensionally along uncoated PVDF actuator surface (axis-zz), using ESPI. (b) Displacement variation tridimensionally along coated PVDF actuator surface (axis-zz), using ESPI.

distinct due to coating influence on mechanical properties of the device.

3.4. Cell culture

3.4.1. pH measurement

The culture medium pH averages after stimulation varied between 7.89 and 7.94 with standard error of the mean $< \pm 0.02$ in all groups, both at 24 and 28 h. No significant differences were found between groups, at either time points.

3.4.2. Determination of viability and metabolic activity with resazurin method

Cell proliferation and viability was affected by both the substrate (actuator vs. customized cell culture dish). Viability was significantly decreased in the groups grown on the device surface (Fig. 5).

Although viability seems to be consistently and slightly higher for the first 48 h in the group subjected to stimulation, differences were not statistically significant.

3.4.3. Measurement of nitric oxide in culture medium

Nitric oxide in culture medium after stimulation was significantly higher in dynamic conditions vs. static, both 24 and 48 h after seeding (see Fig. 6). When the means of static group at 24 and 48 h were compared, no significant difference was found; the dynamic group at 24 and 48 h behaved in a similar way, when means of the NO measurements were compared.

3.4.4. Total protein content

There were no significant differences in total protein content in control standard dishes, dynamic and static device groups, at time points 24 and 48 h (Table 1).

4. Discussion and conclusions

In this work the strain was constant because the applied peak voltage was constant. The frequency varied. According to the definition of piezoelectricity every time a voltage is applied a maximum peak strain is reached and then material recovers the initial shape.

The amount of strain distribution along the piezoelectric material was assumed as an acceptable value for cells to endure. ESPI results on observed displacement along the z-axis complement the FNM estimations on the displacement/strain along the y-axis.

These results suggest that the devices, both static and dynamic, affected cell viability and proliferation negatively. Although Braga et al. (2007) did not find any evidence of deleterious effects of extracts obtained by immersing PVDF/HA composite membranes in medium used, few studies on PVDF cytocompatibility are available.

Another study using human epithelial cell line L132, refers a proliferation of 37%, 3 days after seeding, increasing to 45% at 6 days post-seeding, relating to control, on virgin PVDF (Tabary et al., 2007). Hung et al. (2006) reported PVDF had an inhibitory effect on neural stem cells differentiation and PVDF seemed to decrease consistently MTT reduction activity.

Apart from the impact of the PVDF itself, the coating might improve or diminish protein adsorption and cell adhesion. For adherent cell lines like MC3T3, this is of uttermost importance. Surface properties are also influenced by the sterilization method. In this study, γ -irradiation (normed dosis 25 kGy) was used to sterilize the devices prior to cell culture. The method used may

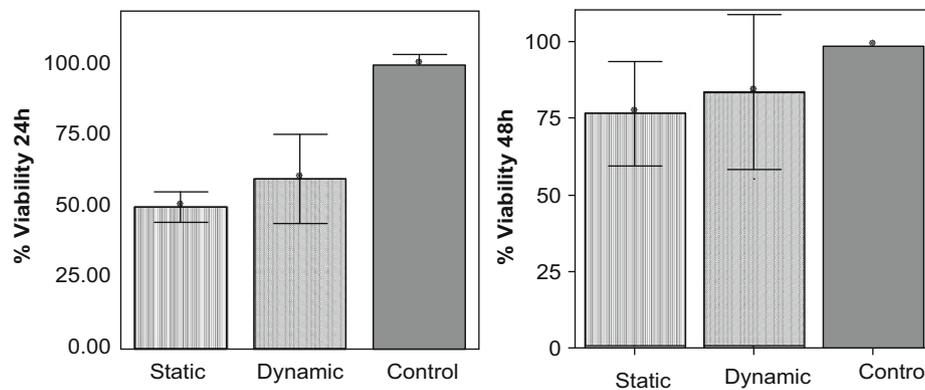


Fig. 5. Cell viability 24 and 48 h after seeding and daily stimulation of the dynamic group, results are expressed in percent related to controls (standard cell culture dish, TPP). Bars show means and error bars show means \pm standard error of the mean.

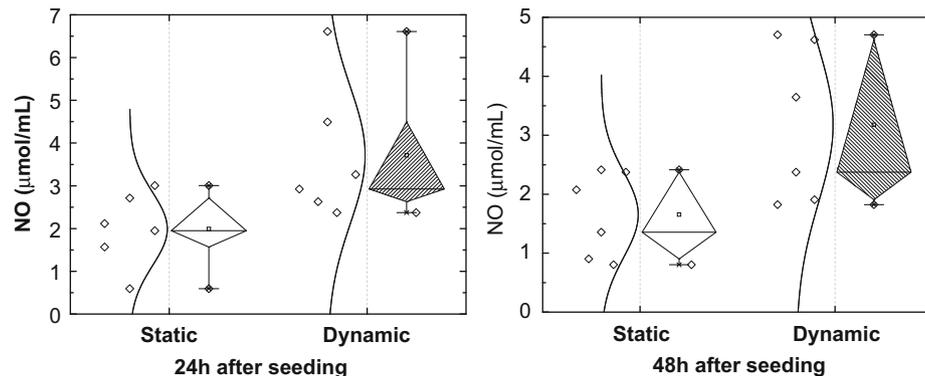


Fig. 6. NO measurement ($\mu\text{mol/mL}$) in culture medium in static vs. dynamic conditions, 24 and 48 h after seeding MC3T3 on the devices, and immediately after stimulation at 1 and 3 Hz. NO values are significantly higher in the dynamic group. The results follow a normal distribution. Mean \pm SEM. Static 24 h 2.0 ± 0.35 ; dynamic 24 h 3.7 ± 0.65 ; static 48 h 1.7 ± 0.30 ; dynamic 48 h 3.2 ± 0.54 .

Table 1

Total protein content ($\mu\text{g/mL}$) 24 and 48 h after seeding in static and dynamic devices and on standard culture dishes (mean \pm SEM for $n=6$).

Static		Dynamic		Control	
24 h	48 h	24 h	48 h	24 h	48 h
6.67 ± 0.34	16.81 ± 1.25	6.87 ± 0.07	16.8 ± 0.92	7.19 ± 0.14	20.36 ± 1.11

increase protein adsorption on virgin PVDF foils and, although it may not strongly influence cell surface density, as suggested in a study using L929 mouse fibroblasts, it may condition coating oxidation phenomena (Lleixà Calvet et al., 2008). The coating done on the PVDF surfaces in this study allowed electrical insulation and cell adhesion, therefore the viability and proliferation values were higher than those reported in previous studies (Hung et al., 2006; Tabary et al., 2007).

The rise in the NO values in the dynamic devices when compared to the static devices is most likely due to mechanical stimulation, and not to cell death-related phenomena. The total protein content and the resazurin tests results fail to evidence deleterious effects of the electrical stimulation of the devices, since no significant differences were found between static and dynamic groups. This supports the hypothesis that piezoelectric materials can be effective mechanical stimuli generators.

To our knowledge, cell growth on the surface of a piezoelectric actuator has not been reported before. The advantages of using piezoelectric material for bone cells stimulation are: the control of mechanical ranges stimulation only requires the control of the amount of electrical energy applied; the quicker answer to electric stimulus allows working in physiological frequencies, as

are the ones used 1 and 3 Hz, respectively. Another aspect is the possibility, by changing the piezoelectric constants of a biocompatible piezoelectric material, to stimulate bone in different directions apart from the one used in this work.

It would be most interesting to widen the range of frequencies, including higher than the ones used in this study. The amount of displacement can also be varied, within the limitations of the material and its coating.

Conflict of interest statement

There are no conflicts of interest to declare by the authors.

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