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## Earnings from Rehabilitation Nursing Care in People in Intensive Care with Respiratory Disorders Based on a Self-care Model

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### Abstract

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**Background:** The increase in the average life expectancy has increased the need for intensive care. In these units people remain under ventilatory support, remaining in bed for long periods. It is up to the rehabilitation nurse to intervene, reducing dependency and promoting self-care, conditioning a better quality of life. **Objective:** To identify the gains obtained through the intervention of the rehabilitation nurse. **Methodology:** Exploratory descriptive study following the methodology of Robert Yin's case study and Manuel Lopes's theory

of medium range, using the ENCS scale and the Barthel Index as data collection instruments.

Results/Discussion: It can be seen from the data analysis that the interventions of the rehabilitation nurse contributed to a functional improvement of the person, reducing dependence on self-care.

Conclusion: All persons included in the professional intervention strategy improved functionally.

## Keywords

**Self-care    Functionality**

**Rehabilitation nurse**

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